

Pearly Whites: Polish Your Smile with a Dental Makeover

On your wedding day, a bright and beautiful smile will make a lasting impression and also provide you with confidence for your professional photos. Lifelong dental care and good oral hygiene will ensure healthy teeth and gums, and also prevent emergencies that can be painful and expensive.

The best way to stay on top of your oral health is to visit a dentist every four to six months for cleaning and X-rays. If you've

postponed a regular check-up, it's wise to make an appointment several months before your wedding to take care of routine procedures.

As for the appearance of your teeth, you might be concerned with their color or shape. Since cosmetic dentistry has improved markedly in the last 10 years, skilled professionals now offer a variety of options that make for natural-looking results in a shorter period of time.

Illuminate Your Features

"For many people, a wedding is a once in a lifetime event and they want to look perfect," says **Dr. Brandon Huang of Manhattan Smile**. "Attractive teeth accentuate your lips, cheekbones, and eyes - they brighten up your entire face.

"If you have extensive decay or chips, cosmetic approaches can also put your mouth in a healthier state," he explains. "There's an improvement in biting, chewing, and speech." While Dr. Huang offers general restorative services such as non-metal crowns, bridges, and porcelain fillings, his expertise is full smile makeovers with porcelain veneers.

"We can actually improve your entire smile," he explains, "so it's not only brighter, but straighter." The procedure is ideal for anyone who is unhappy with the shape of their teeth because they are chipped, cracked, or crooked. How does it work? "We remove a very thin layer of enamel from your teeth and then replace it with a porcelain veneer. The color is

brightened to your preference and the shape is altered to perfection. It gives you an entirely different look."

If you are solely concerned with the color of your teeth, their in-office "ZOOM" whitening system takes just one hour. "We place a whitening gel on the teeth which is activated by a high powered light. It's kind of like going to a tanning salon, except the change is to your teeth," he explains.

If you are considering cosmetic dentistry, Dr. Huang suggests scheduling a consultation a few months before your wedding. "We provide digital imaging, which will give you a preview of your per-

fect smile." Like most dentists, Dr. Huang encourages you to floss and brush every day, after every meal. "I truly enjoy making people look beautiful," he says. "People walk out of the office and they can't help but smile!"

**Manhattan Smile,
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